



Job Situation

Hospital and clinic. Work weekdays and sometimes weekends and evenings

Weekly Hours of Work

37.5

Overtime

As required

Monthly Salary

\$3,200

Student Loan – Owing

0

Student Loan – Monthly Payment

0

Duties

Assess the nutritional status of individuals. Develop, implement nutritional programs. Manage food service operations. Work with families and consumer groups.

Conduct basic research in food,

Prospects

Food or pharmaceutical companies.
Consulting. Weight loss clinics

Job Title

Nutritionist/Dietician

National Occupational Classification (NOC)

3132

Job Description

At the hospital, you are doing something different everyday. There are a variety of patients at the hospital that require your assistance. Your job is to design diets that suit the individual needs of your patients.

Sometimes after surgery or injury people's dietary needs can change. They may need foods or liquids that contain more salts and electrolytes to make up for lost blood or other bodily fluids. They may need higher levels of certain nutrients or vitamins to help them recover depending on the area that is affected. Your job is to appraise the patient's health situation and prescribe a diet regime to help make them get better.

Sometimes people's diets need tweaking for other reasons. Instead of curing or fixing a health problem, dietary changes may be necessary to prevent problems or maintain a healthier lifestyle. Often, you will see people who have weight problems as a result of their diet; these people may be over or underweight. It is up to you to target the problem areas in their diet and replace them with healthy alternatives.

Overall, you enjoy the job at the hospital. The staff are friendly and welcoming and your patients keep you alert and thinking all day. Doing something different everyday certainly stops things from being boring, but you wouldn't mind doing something more specified.